



SAFE HANDLING OF CYTOTOXIC DRUGS

- Increased usage of cytotoxic drugs, therefore increased exposure
- No established safe level of exposure to these drugs
- Personnel may be subjected to low level of exposure
- Single event exposure to a single drug is considered less of a hazard than long term exposure to multiple drugs!

SIGNIFICANT REPORTS OF OCCUPATIONAL EXPOSURE TO CTX DRUGS: 1979 - 1999

Falck	1979	mutagens in urine of nurses preparing CTX	
Neal	1983	CPM & FU aerosols in air of clinics	
Hirst	1984	CPM detected in blood of nurses	
Selevan	1985	foetal loss in exposed pregnant nurses	
Hemminki	1985	defects in offspring of exposed nurses	
Saurelle-Cubizolles	1993	factor in ectopic pregnancies	
Sessink	1994	skin contamination a major cause	
Valanis	1999	foetal loss, reduced fertility in males, females	

OCCUPATIONAL EXPOSURE

Inhalation of aerosols & drug particles

Skin absorption

•Needlestick injuries

- Resulting from: manufacture transport of drugs drug preparation drug administration handling, transportation & disposal
 - naintenance





POTENTIAL EFFECTS OF EXPOSURE

- Contact dermatitis
- Cytogenetic abnormalities & mutagenic activity related to biological uptake by exposed personnel
 Alterations to normal blood cell counts
- Excretion of drug or metabolites in exposed personnel
- Abdominal pain, hair loss, nasal sores
- Foetal loss
- NOT appropriate to wait for indisputable evidence/ of harm

RISK CONTROL ELIMINATE REDUCE ISOLATE Establish written policies & protocols • Effective planning & design of workplace • Use of "best practice" control measures & specialised equipment • Training & education of employees • Wearing PPE An integrated health monitoring system

RISK MANAGEMENT APPROACH

- Eliminate or reduce risk of illness or injury associated with work
- Generally involves

 Hazard identification
- Risk assessment
- Risk control
- Evaluation of control measures
- Consultation Personnel management
- TrainingDocumentation of activities
- Regular review of management system



FACILITIES FOR CYTOTOXIC DRUG RECONSTITUTION

- Protection of product
 - Use of aseptic techniques
 - Prevent microbial contamination
 - Protect from chemical & particulate contamination
- Protection of operators
 - Negative pressure techniques
 - Use of closed system

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CENTRALISED PREPARATION

- **Quality of preparation**
- Enhances safety of patient
- Economic benefits
- Location:
 - Commonly pharmacy
 Sometimes located in outpatient oncology department or close to inpatient ward Ease of transport
- Enhanced communication between pharmacy, medical & nursing staff
- Must be under control of pharmacist

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FACILITIES FOR CYTOTOXIC DRUG RECONSTITUTION

- Walls must be lined with a smooth & durable surface
- Stainless doors
- Lighting recessed into the ceiling (top access ~ maintenance)
- Room should contain as few projecting ledges or shelves as possible
- Floors should be poured & seamless
- Vinyl tiles should not be used

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CLASS OF CLEANROOM

- ISO 14644-1 international standard
- Classification takes into account both particulate
 & microbiological contamination
- For sterile medicinal products, classification referred to as "grade" – EudraLex GMP Annex 1, Vol 4 (pharmaceutical industry)& by the draft PIC/S guidelines (pharmaceutical inspection services controlling hospital pharmacies)

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CLASS OF CLEANROOM

- Designed to provide containment of cytotoxic drugs in the event of
 - failure of biological safety cabinet/isolator
 - spillage
- BSC & compounding aseptic isolator shall be 100% vented to the outside air through HEPA filtration

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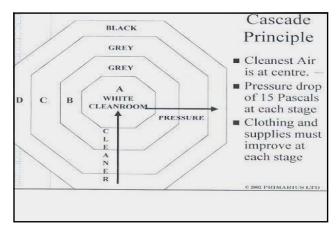
AIRBORNE PARTICULATE CLASSIFICATION

	AT REST	IN OPERATION			
GRADE	Maximum permitted number of particles/m3 equal to or above				
	0.5µm	5µm	0.5µm	5µm	
A (ISO Class 5)	3500	1	3500	1	
В	3500	1	3500 000	2000	
C (ISO Class 7)	350 000	2000	3 500 000	20 000	
D	3 500 000	20 000	Not defined	Not defined	

CLASSIFICATION OF AIR CLEANLINESS ISO 14644-1 ISO Class 0.1um 0.2um 0.3um 0.5um 1 um SO Class 1 10 2 ISO Class 2 24 10 100 102 SO Class 3 1,000 2,370 352 ISO Class 4 (10) 10,000 1,020 83 ISO Class 5 (100) 100,000 10,200 23,700 3,520 832 29 ISO Class 6 (1000) 1,000,000 237,000 102,000 35,200 8,320 293 ISO Class 7 (10000) 352,000 83,200 2,930 ISO Class 8 (100000) 3,520,000 832,000 29,300 ISO Class 9 35,200,000 8,320,000 293,000











FACILITIES

- Pressure differentials of 10-15 Pascals between adjacent rooms though this does not apply in the case of a negative pressure room
- Air changes
 - minimum of 20 room volumes per hour
 - areas known to generate large numbers of particles need up to 60
 volumes per hour
- Temperature control to ensure comfort of personnel of 18- / 20°C
- Controlled humidity to prevent corrosion & condensation of 30-70% ISOPP Standards of Practice Section 6

FACILITIES

- LFC not suitable
- Class II biological safety cabinets
 - Vertical down flow exhausting vertically from the cabinet & not towards the operator

 - Protects operator, product & work environment
 Class II (B2) is preferred as it has total exhaust, maintains minimum
 inflow velocity of 0.34m/s & has HEPA-filtered downflow air
- Isolators types are covered in ISOPP Standards of Practice Section 8 Ventilation Tools



PASS THROUGH HATCH

- Used to pass items in & out of cleanroom
- MUST have interlocking doors
- Should allow separation of work prepared & work waiting to be prepared



FACILITIES FOR CYTOTOXIC DRUG RECONSTITUTION

- Separate access for personnel & material/equipment flow
- Designed
- According to workflow
- Cleaning
- Room grading & differential pressures
- Emergency shower & eye washing station
- Lighting (lux)
- Room surfaces designed to minimise particle shedding & prevent build-up of particulate matter

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EMERGENCY SHOWER & EYE WASH STATION



MONITORING

- Manometers must be installed to give continuous indication of pressure differential within cytotoxic suite
- Log kept to record daily pressure differential readings, RH & temperature of rooms & refrigerators
- Log kept of cabinets & servicing



MICROBIOLOGICAL MONITORING

Passive air sampling using settle plates exposed for 4 hours

- Grade A environment <1cfu/plate
 Grade B environment 5cfu/plate
- Grade C environment 50cfu/plate
- Grade D environment 100cfu/plate
- Active air sampling using biocollectors
- Grade A environment <1cfu/plate Grade B environment 10cfu/plate Grade C environment 100cfu/plate Grade D environment 200cfu/plate

- Microbiological monitoring of surfaces using contact plates or swabs
 Grade A environment <1cfu/plate
 - Grade B environment Scfu/plate
 Grade C environment 25cfu/plate
 Grade C environment 25cfu/plate
 Grade D environment 50cfu/plate

AIR PARTICLE SAMPLING

- Performed to verify environment reaches specification
- Airborne particle counter is used to measure concentration of particles at designated sizes equal or greater than threshold stated
- Maximum levels depend on the environment grade measured at rest & under normal working conditions

EQUIPMENT IN CYTOTOXIC CLEANROOMS

- Chairs or stools should be ergonomic & must not shed particles
- Must use dedicated equipment & not moved around
- Spill switch to reverse airflow
- Possess good communication system



REQUIREMENTS OF PPE

Class D	Hair/beard covering Normal protective clothing
Class C	Hair/beard covering Clothes gripped at wrist with raised collar Clothing must not shed fibres or particles
Class A/B	Hood or other head covering Mask Sterile, non-powdered gloves Sterile clothing, must not shed fibres or particles Sterile clothing must be capable of retaining particles shed by operator

PERSONNEL PROTECTIVE EQUIPMENT

Coverall or gown

- Disposable gown made of non-linting & non absorbent polyethylene-coated polypropylene material
- Head covering
- Closed footwear cleanroom bootiesGloves
- double gloving (nitrile, neoprene latex)
 long enough to cover cuffs of gowns or
 coveralls
- changed every 30 minutes
- Protective eyewear/goggles
- Respirator masks













REFERENCES

- ISOPP Standards of Practice J Oncol Pharm Practice (2007) Supplement to 13: 1-81
- Guidelines for handling cytotoxic drugs and related waste in health care establishments WorkCover New South Wales



THANK YOU

